

Resume

Name in Block Letters : **SANJIV DUTTA**
Father's Name/Mother's Name : **RAMESH CHANDAR DUTTA**
Department : **UNIVERSITY COLLEGE BARNALA (Pb.)
Pin Code: 148109**
Current Designation & Grade Pay: : **ASSISTANT PROF.(15600-39100+8000)**
Date and Place of Birth : **13-03-1973, PATIALA**
Sex : **MALE**
Marital Status : **MARRIED**
Nationality : **INDIAN**
Address for correspondence (with Pin code) : **UNIVERSITY COLLEGE BARNALA.
Pin code: 148109**
Permanent address (with Pin code) : **#152-C, RAJGURU NAGAR,
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METRIC (WITH PUNJABI SUBJECT) : **Pb. Sc. Ed. Bd. Mohali, Punjab. (March ,1987)**

Professional Profile

Qualification

Educationist : Ph.D (Physical Education),
UGC-NET(Physical Education), June 1998.
M.P.Ed.,
D.P.Ed.
M.A.(Pol.Sci.),
2year Diploma In Sports Coaching (Boxing)
Certificate Course In Yoga & Fencing

Curricular Vitae

1. Courses Certificate

- 6 Weeks **Certified Course In Sports In Yoga** Organized By **Sports Authority Of India Nsnis Patiala** From 17-5-1999 To 25-6-1999 And Scored 71%

- **6 Weeks Certified Course In Sports In Fencing** Organized By **Sports Authority Of India Nsnis Patiala** From 17-5-2005 To 25-6-2005 And Scored 68.5%
 - **2 Years Diploma In Sports Coaching (Boxing) From 16-8-1995 To 16-5-1997** Organized By **Sports Authority Of India Nsnis Patiala** And Scored **68%**
 - **Nss Training And Orientation** For 10 Days From 11-10-2006 To 20-10-2006 Held At **Pau Ludhiana**
 - **Ugc Sponsored Orientation Programme**
 - I. Participated In 4 Week **Orientation** Held From 7-4-2003 To 3-5-2003 And Obtained Grade A
 - **Ugc Sponsored Refresher Course In Physical Education**
 - I. Participated In 3 Week **Refresher Course** From 6-3-2007 To 26-3-2007 And Obtained Grade A
 - II. Participated In 3 Week **Refresher Course** From 3-3-2009 To 23-3-2009 And Obtained Grade A
 - III. Participated In 3 Week **Refresher Course** From 25-2-2010 To 17-3-2010 And Obtained Grade A
 - IV. Participated In 3 Week **Refresher Course** From 19-02-2014 To 11-03-2014 And Obtained Grade A
 - **Social Services**
 - I. Attended **Blood Donation Camp** On 1991, 2006, 2007, 2008, 2009, 2010,2011, 2012, 2013, 2014, 2015,2016.
 - II. Organizer In **Blood Donation Camp** In **University College Rampuraphul** 2006-2016 & **University College Barnala: On 2017,**
- 2. Participation Certificates**
- **National Service Scheme**
 - I. Participated & Project Officer/Programme Officer In Nss 10 Days or 7days Camp Session:2002-03,2003-4, 2004-05,2005-06, 2006-07, 2007-08, 2008-09, 2009-10, 2010-11, 2011-12, 2012-13, 2013-14, 2014-15,2015-16. Held At Tpd Malwa College Rampuraphul &2016-17 Held at university college Barnala.
 - II. Participated & Project Officer/Programme Officer in NSS 10 /07 Days Camp From 2-2-2004 To 11-2-2016 Held At Tpd Malwa College Rampuraphul & 07days Camp 2016-17 Held ai University College Barnala.
- 3. Event Certificates**
- **National Service Scheme**
 - I. **Incharge Of University College NSS Unit From 2005 To 03rd jan.2017 ; &Jan. 2017 to till date University College ,Barnala.**
 - **Parents Teachers Associations**
 - I. **Secretary And Treasurer Of University College Rampuraphul Pta** From 6-8-2008 To 03rd Jan;2017, & **University College, Barnala; from 2017 to till date.**

Professional Development Activities

1. Workshops Certificates:

- Attended Workshop On “**Rule-Updating And New Techniques Of Games/Sports Included In The A.I.U. Competition Calendar**” Organized By The **Department Sports Punjabi University Patiala** From 30-5-2006 To 1-6-2006
- Attended The National Workshop On “**Sports Excellence**” Organized By The **Department Of Physical Education** (Allied Teaching), **Guru Nanak Dev University Amritsar** On 29-10-2007 To 30-10-2007
- Attended The National Workshop On “**Kin Anthropometry And Soft Tissue Manipulation**” Organized By The **Department Of Physical Education Punjabi University Patiala** On 17-2-2008
- Attended The National Workshop On “Modern Developmental Trends In Sports Conditioning From 12-02-2012 To 18-02-2012 Organized By Deptt. Of Physical Education M.D.University. Rohtak Haryana India.
- Attended The National Workshop On “Modern Developmental Trends In Sports Conditioning” Organized By Department Of Physical Education , Maharishi Dayanand University,Rohtak(Haryana) India From 12-02-2012 To 18-02-2012

- Attended The National Workshop On “**Learn The Learner**” Organized By Punjabi University Guru Kashi College Damdama Sahib Talwandi Sabo Bathinda Punjab India From 9-04-2012 To 14-04-2012.

- Attended The National Workshop On “Punjabi Bhasha Ate Adhian Layee Computer Dee Varton” Organized By Department Of Punjabi , Punjabi University, Patiala Punjab India From 06-04-2016 To 12-04-2016.

2. National Seminars And Conferences :

- Attended National Seminar On “**Emerging Trends In Physical Education**” **Department Of Physical Education Punjabi University Patiala** From 19-12-2006 To 20-12-2006
- Attended National Seminar On “**Sports For All To Develop Quality Of Life**” Organized By **Department Of Physical Education Kurukshetra University Kurukshetra** From 24-3-2007 To 25-3-2007
- Attended National Conference On “**Holistic Approach To Health And Fitness**” Organized By **Department Of Physical Education Punjabi University Patiala** From 18-2-2008 To 19-2-2008
- Attended National Conference On “**Scientific Temperaments In Physical Education And Sports**” Organized By **Shahid Kanshi Ram College Of Physical Education, Bhagoo Majra, Kharar** From 14-11-2008 To 15-11-2008

- Attended 3rd National Conference On “**Opportunities And Challenges In Physical Education**” Organized By **Department Of Physical Education Punjabi University Patiala** From 10-2-2009 To 11-2-2009
- Attended Nation Conference On “**Physical Education In The Twenty First Century**” From 2-03-2009 To 3-03-2009 At Arya College Ludhiana
- Attended Nation Conference On “**University Sports-A Springboard For Olympics**” Organized By **Directorate Of Sports Punjabi University Patiala** From 5-12-2009 To 7-12-2009
- Attended 4th National Conference On “**Multidisciplinary Approach In Physical Education**” Organized By **Department Of Physical Education Punjabi University Patiala** From 1-2-2010 To 2-2-2010
- Attended U.G.C. Sponsored National Conference On Physical “**Education In 21st Century**” Organized By Mata Gujri College Fatehgarh Sahib Punjab, India From 25-02-2011 To 26-02-2011.
- Attended U.G.C. Sponsored National Conference On “**Physical Education : The Key For Holistic Inter Disciplinary Collaboration**” Organized By Deptt. Of Physical Education –Teacher Education And Learning Post Graduate Govt. College Sec. 11 Chandigarh, India On 11-03-2011 To 13-03-2011.
- Attended U.G.C. Conference On “**Corruption: A Roadblock To National Development**” On 9-09-2011 To 10-09-2011 Organized By Nehru Memorial Govt. College Mansa Punjab, India.
- Attended National Seminar On “**Sports And Fitness Culture : Role Of Media**” On 28-09-2011 Organized By Deptt. Of Sports Science Punjabi University Patiala, India.
- Attended “**National Conference On Health Sports And Society Recent Trends And Challenges**” On 3-12-2011 To 4-12-2011 Organized By Mehr Chand Polytechnic College Jalandhar City Punjab, India.
- Attended 22nd National Conference Of Sports Psychology On “**Latest Trends In Performance And Psychological Approach**” Organized By Shaheed Kanshi Ram College Of Physical Education From 25-01-2012 To 27-01-2012
- Attended National Seminar On “ **Health Fitness & Sports Technologies**” Organized By Deptt Of Sports Science Punjabi University Patiala Punjab India On 12-10-2012
- Attended National Seminar On “ **Health Physical Activity And Sports: Recent Trends & Challenges**” Organized By Akal Degree College Of Physical Education Mastuana Sahib Sangrur Punjab, India On 20-12-2012 To 21-12-2012.

3. Papers Presentation In National Seminars And Conferences :

- **Presented Research Paper** In National Seminar Organized By Department Of Physical Education Kurkshetra University Kurkshetra Haryana On “**Promoting Of Physical Activity In Indian Children**” On 24-03-2007 To 25-03-2007.
- **Presented Research Paper** In National Seminar Organized By **Department Of Physical Education Punjabi University** On “**Comparison Of Motor Fitness Status Of Rural And Urban College Boys**” On 18-2-2008
- **Presented Research Paper** On “**Comparison Of Dietary Patterns Of Sprinters, Middle Distance Long Distance Runners, Jumpers And Throwers**” At 3rd National Conference On “**Opportunities And Challenges In**

Physical Education” Organized By **Department Of Physical Education Punjabi University Patiala** From 10-2-2009 To 11-2-2009

- **Paper Presentation** In National Conference Organized By **Directorate Of Sports Punjabi University Patiala** On **“Event Management In Sports”** On 5-12-2009
- **Paper Presentation Involvement** In National Conference On **“Yoga And Fitness”** Organized By **Arya College Ludhiana** From 2-3-2009 To 3-3-2009
- **Paper Presentation In 4th National Conference** On **“Yoga In Health And Benefits Of Different Asanas On Human Body”(Second Author)** In **“Multidisciplinary Approach In Physical Education”** Organized By **Department Of Physical Education Punjabi University Patiala** From 1-2-2010 To 2-2-2010
- **Paper Presentation** In 22nd National Conference Organized By Shaheed Kanshi Ram College Of Physical Education From 25-01-2012 To 27-01-2012 On A Study To Will To Win In Medallists And Non-Medallists Boxer Of Different Level Of Competition.
- **Presented Paper On “Role Of Management And Administration In Quality Assurance In Higher Education”** In National Conference On Exploring Quality Assurance In Higher Education:, Held At Doaba College Of Education Distt. Mohali (Punjab).
- **Paper Presentation** In National Seminar On **“Effect Of Anxiety And Motivation On The Levels Of Stress On Players And Non Players”** In **“Health Physical Activity And Sports: Recent Trends & Challenges”** Organized By Akal Degree College Of Physical Education Mastuana Sahib Sangrur Punjab, India On 20-12-2012 To 21-12-2012.
- **Presented Research Paper On “Comparative Study Of Psychomotor Abilities Of University Level Players In Relation To Sex And Area.”** In Ugc Sponsored National Conference On Wellness Through Physical Activity: Future Perspective , Held At Department Of Physical Education ,Punjabi University, Patiala, Punjab(India).On 17th&18thJan.,2014.

4. International Conferences :

- Attended International Conference On **“Yoga For Health And Social Transformation”** On 02-01-2011 To 05-01-2011 Organized By The University Of Patanjli Haridwar, Uttrakhand, India.
- Attended International Conference On **“Global Innovations, Strategies & Policies In Physical Education & Sports Sciences”** On 24-02-2012 To 26-02-2012 Organized By Deptt. Of Physical Education & Sports Gurukul Kangri Vishwavidyalaya Haridwar, India.
- Attended International Conference On **“Women Peace And Security”** Organized By Women’s Studies Centre Punjabi University Patiala Punjab, India On 26-10-2012 To 27-10-2012.
- Attended U.G.C. Sponsored International Conference On **“Futuristic Trends In Physical Education”** Organized By Deptt. Of Physical Education Punjabi University Patiala Punjab, India On 24-01-2013 To 26-01-2013.

5. Paper Presentation In International Conferences :

- **Presented Research Paper On “Stress Resilience Among Players And Non-Players”** At **“International Conference On Global Innovations, Strategies & Policies In Physical Education & Sports Sciences”(Second Author)** On 24-02-2012 To 26-02-2012 Organized By Deptt. Of Physical Education & Sports Gurukul Kangri Vishwavidyalaya Haridwar, India.
- **Presented Research Paper On “Comparative Study Of Psychomotor Abilities Of Team And Individual Game Players”** In International Conference On Women’s Health And Empowerment Held At Pushpa Gujral, Science City, Kapurthala, Punjab(India).On 12th Oct.,2014.
- **Presented Paper On “----- --”** In International Forum Of Physical Education And Sports Sciences (Ifpess 2012) 20-22 Oct.,2012.
- **Presented A Paper On “Sports For Women Empowerment”** In The International Conference On **“Women, Peace And Security”** Held At Punjabi University’ Patiala On 26-10-2012 To 27-10-2012 .
- **Presented Research Paper** On U.G.C. Sponsored International Conference On **“Relationship Between Anthropometric And Hammer Throw Specific Test Of Male Hammer Thrower”** In **“Futuristic Trends In Physical Education”(Second Author)** Organized By Deptt. Of Physical Education Punjabi University Patiala Punjab, India On 24-01-2013 To 26-01-2013.
- **Presented Research Paper** On U.G.C. Sponsored International Conference On **“Relationship Between Anthropometric And Hammer Throw Specific Test Of Male Hammer Thrower”** In **“Futuristic Trends In Physical Education”(Second Author)** Organized By Deptt. Of Physical Education Punjabi University Patiala Punjab, India On 24-01-2013 To 26-01-2013.
- **Presented Research Paper On “Comparative Study Of Psychomotor Abilities Of School Level Players In Relation To Sex And Area”** In Global Scientific Conference On Physical Education, Health &Sports Sciences, Organized By Department Of Physical Education, Guru Nanak University Amritsar, Punjab(India).On 24th-26th Jan.,2014.
- **Presented Research Paper On “Comparative Study Of Psychomotor Abilities Of Team And Individual Game Players”** In International Conference On Women’s Health And Empowerment Held At Pushpa Gujral, Science City, Kapurthala, Punjab(India).On 12th Oct.,2014.
- **Presented Paper On “----- --”** In International Seminar On Health Fitness And Women Empowerment Organized By Akal College Of Physical Education Mastuanasahib On 17th Oct.,2014.
- **Presented Research Paper On “Comparative Study Of Psychomotor Abilities Of Individual And Team Game Players In Relation To Demographic Factors.”** In International Conference On Sports Science: Challenges And Endeavours, Organized By :Department Of Sports Science, Punjabi Universit Patiala .On 9²th Feb.,2015.

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6. Paper Published In National And International Journals:

- Paper Published In International Journal Of Behavioral Social And Movement Sciences, Vol.02,Jan2013,Issue01, (Issn: 2277-7547) On **“Maximum Strength Parameters Of Indian Male Hammer Throwers Of Different Performance Levels”**.
- Paper Published In International Journal Of Behavioral Social And Movement Sciences, Vol.02, April 2013,Issue02 , (Issn: 2277-7547), **“Effect Of Anxiety And Motivation On The Levels Of Stress On Players And Non-Players”**.
- Paper Published In Innovative Thoughts International Research Journal Vol.2, Issue3, December 2014(Pissn:2321-5453, Eissn:2347-5722) On **“Comparative Study Of Psychomotor Abilities Of Athletes In Relation To Sex And Area”**.
- Paper Published In Conflux Journal Of Educatin (Apeer Reviewed International Journal) Vol.2, Issue7, December 2014(Pissn:2320-9305, Eissn:2347-5706) On **“Comparative Study Of Psychomotor Abilities Of Individual And Team Game Players In Relation To Leavel Of Participation”**.
- Paper Published In International Journal Of Behavioral Social And Movement Science Vol.2, Nov.2013, Issue4, (Issn:2277-7547) On **“A Comparative Study Of Psychomotor Abilities Of School And University Level Athletes.”(First Author)**
- Paper Published In International Research Journal Of Innovative Thiughts P:Issn No.2321-5453, E:Issn No.2347-5722 Vol.2,Issue 3 December 2014 **“Comparative Study Of Psychomotor Abilities Of Athletes In Relation To Sex And Area.”**
- Paper Published In International Journal Of Asian Resonance P:Issn No.0976-8602, Rni No. Upeng/2012/42622 Vol.Iv, October-2015 E:Issn No. 2349-9443 **“Comparative Study Of Psychomotor Abilities Of Female Players In Relation To Area And Level Of Participation.”**

7. Extension Lectures:

- Extension Lecturer Deliver On **“Yogic Science”** On 22-01-2013 At Punjabi University Akali Phula Singh Neighbourhood Campus, Dehia Sehan.
- Extension Lecturer Deliver On **“Aids &Blood Donations”** On -----2014-- At Punjabi University Akali Phula Singh Neighbourhood Campus, Dehia Sehan.

8. Memberships:

- Life Time Member Of National Association Of Physical Education & Sports At H.V.P. Mandal, Amravati From 17-3-2010
- Life Time Member Of National Association Of Physical Education & Sports At Warangal, Andhra Pradesh From 7-12-2009

9. Act As Paper Setter

- Paper Setter Of Guru Nanak Dev University Amritsar For Class B.P.Ed. Part 2nd In 2011-12, 2012-13, 2013-14.2014-15, 2015-16, 2016-17

10. Books Published:

- **Physical Education For Health(English), Twentyfirst Century Publications Patiala,2010, Isbn:978-93-85446-04-7**
- **Health And Yoga Education (Punjabi), Twentyfirst Century Publications Patiala, 2011, Isbn:978-93-85446-05-4**
- **Yoga Education (Pbi.) Bookman ,Delhi.2012, Isbn:978-81-931674-7-2**

- **Children’s Physical And Emotional Health(Pbi.)), Twentyfirst Century Publications Patiala,2013, Isbn:978-93-85446-12-2**
- **Physical Education (Pbi.),(B.A.1st Pbi.Uni.Patiala)Twentyfirst Century Publications Patiala,2014, Isbn:978-81-89463-22-9**
- **Physical Education (Pbi.), (B.A.1st Pb.Uni.Chd.) Twentyfirst Century Publications Patiala,2015, Isbn:978-93-85446-43-6**
- **Anatomy And Physiology (Pbi.), Twentyfirst Century Publications Patiala,2014, Isbn:978-93-85446-91-7**
- **Training And Coaching In Sports (Pbi.), Twentyfirst Century Publications Patiala,2014, Isbn:978-93-85446-90-0**
- **Sehat Di Sambh-Sambhal (Pbi.) Twentyfirst Century Publications Patiala,2015, Isbn:978-93-85448-11-9**
- **Physical Education (Pbi.), (B.A.2nd Pbi.Uni.Patiala.) Twentyfirst Century Publications Patiala,2016, Isbn:978-93-85448-30-0**
- **Health,Physical Education &Sports (Pbi.), (10+1.) Twentyfirst Century Publications Patiala,2016, Isbn:978-93-85447-59-4**
- **Health,Physical Education &Sports (Pbi.), (10+2.) Twentyfirst Century Publications Patiala,2016, Isbn:978-93-85447-60-0**
- **Children’s Physical And Emotional Health And Yoga Education-1(Pbi.)(D.Ei.Ed.,Pb.), Twentyfirst Century Publications Patiala,2016, Isbn:978-93-85448-61-4**
- **Health,Physical Education (Pbi.), (B.Ed.) Twentyfirst Century Publications Patiala,2017, Isbn:978-93-85449-59-8**
- **Health,Physical Education (Eng.), (B.Ed.) Twentyfirst Century Publications Patiala,2017, Isbn:978-93-85449-62-8**

11. Invited As Chairperson: Chairperson

1.	Chairmanship	Global Scientific Conference On Physical Education, Health And Sports Science. .(GLOPEHSS-2013)	Dept. of Physical Education, Guru Nanak Dev University, Amritsar Punjab (India)	International
2.	Chairmanship	Wellness Through Physical	Dept. of Physical Education,	National

		Activity: Future Perspective (January,2014)	Panjabi University, Patiala, Punjab (India)	Seminar
3.	Chairmanship	Women Health and Empowerment (12 th Oct, 2014)	We For We And Indian Association Of Health And Fitness	International conference
4.	Chairmanship	Health Fitness and Women Empowerment (17 th Oct. 2014)	Akal College Of Physical Education Mastuana Sahib,Sangrur, Punjab (India)	International Seminar

(Sanjiv Dutta)